

How to use .xmp and .lrtemplate files in Lightroom desktop:

Adobe Lightroom CC:

- Open the Lightroom CC desktop app
- Go up to "files" and select "import profiles and presets"
- Select all of the presets in the downloaded "XMP" folder and click "import"
- Select the edit panel on the right hand side 
- Click on "presets" on the bottom of the edit panel
- You will now see your imported presets in the preset list
- Go to your Lightroom library and select the image you would like to apply the preset to.
- In edit mode, click on the preset you would like to apply.

Adobe Light Classic CC:

- Open the Lightroom Classic CC desktop app
- From the menu along the top right, go into "Develop" mode
- On the left hand panel click the "+" next to "Presets" and select "import presets" from the dropdown menu
- You will now see your imported presets in the preset list
- Go to your Lightroom library and select the image you would like to apply the preset to.
- In Develop mode, click on the preset you would like to apply.